

CORONAVIRUS RESOURCE GUIDE

COVID INFO SITES

NYS

- <https://coronavirus.health.ny.gov/home>

Monroe County

- <https://www2.monroecounty.gov/health-COVID-19>

COVID HOTLINES

New York State COVID Hotline

- 888.364.3065

Monroe County COVID Hotline

- 585.753.5555
- COVID19@monroecounty.gov

ECONOMIC IMPACT PAYMENTS

File or check your status

- <https://www.irs.gov/coronavirus/economic-impact-payments>

CITY OF ROCHESTER UPDATES

Updates of cancelled events and meetings

- <https://www.cityofrochester.gov/coronavirusupdates/>

Rochester Business Resources

- <https://www.cityofrochester.gov/businessResources/>

Make an appointment with the Rochester Financial Empowerment Center (FEC)*

- <https://www.cityofrochester.gov/FEC/>

*The Rochester Financial Empowerment Center (FEC) is accepting new clients and will serve as a resource to help community members navigate financial challenges due to the COVID-19 outbreak

FOOD DISTRIBUTION

Call 2-1-1 or visit www.211lifeline.org.

Foodlink Emergency Food Supply Boxes

- <https://foodlinkny.org/where-to-find-foodlinks-emergency-food-supply-boxes/>

Rochester Grab-n-Go Meal

- <https://rochesterny.maps.arcgis.com/apps/Nearby/index.html?appid=7447589ca1d8427cb0090b14e580e42d>

List of food distribution places (updated April 21)

- <https://www.democratandchronicle.com/story/news/2020/03/15/coronavirus-rochester-ny-schools-closed-monroe-county-districts-free-meals-food/5053450002/>

Restaurants open for take-out and delivery (Updated often)

- <https://www.democratandchronicle.com/story/lifestyle/rochester-lavors/2020/03/17/rochester-ny-restaurants-open-delivery-takeout-during-coronavirus/5066734002/>

SMALL BUSINESS RESOURCES

Small Business Owner's Guide to the CARES Act

- https://www.sbc.senate.gov/public/_cache/files/2/9/29fc1ae7-879a-4de0-97d5-ab0a0cb558c8/1BC9E5AB74965E686FC6EBC019EC358F.the-small-business-owner-s-guide-to-the-cares-act-final-.pdf

Small business guide & resources

- <https://www.sba.gov/>



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HOUSING

Rochester Housing Authority resources

- <https://www.rochesterhousing.org/>

Mortgage relief

- <https://www.democratandchronicle.com/story/news/2020/04/03/coronavirus-relief-what-know-ny-homeowner-renter-business/2942323001/>

Financial Assistance

- <https://211lifeline.org/categories.php?county%5B%5D=MON&searchcat=&tax=0&cat=FinnAssRent&searchstr=>

City-Wide Tenant Union

- <https://www.rochestercitywidetenantunion.org/>
- <https://www.facebook.com/RocTenantUnion/>

KEEPING BUSY

Trauma Basics for Youth Workers (Certification)

https://courses.centerforadolescentstudies.com/product/trauma-basics-for-youth-workers/?fbclid=IwAR324Rxj58snD47ICA6VEGPSkor-a_1JhXbSWOwBv1Ykp4icoRQ0Y0_0hOs

Playworks Virtual Recess

Tune in M-F 12pm, 2pm, & 4pm

https://www.facebook.com/MakeRecessCount/?ref=br_rs

DIY Crafts & Gardening Activities

<https://www.pinterest.com/Crunchyoilmama/front-yard-play-area-ideas/>

<https://kidsgardening.org/gardening-toolbox/>

<https://kidsgardening.org/blog-at-home-garden-activities/>

<https://www.facebook.com/diycraftandproject/>

Yoga & Mindfulness

<https://www.facebook.com/groups/803544066504530/>

<https://www.facebook.com/yogawithadriene/>

https://www.youtube.com/channel/UCAUWdc_B05LUDmif1rypohw/playlists



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**IF YOU ARE FILING A NEW UNEMPLOYMENT INSURANCE CLAIM
VIA PHONE OR WEB, THE DAY YOU SHOULD FILE IS BASED ON
THE FIRST LETTER OF YOUR LAST NAME:**

WEB SERVICE HOURS		7:30am - 7:30pm			7:30am - 5pm		12am SAT → 7pm SUN	
PHONE SERVICE HOURS		8:00am - 7:30pm					7:30am - 8:00pm	
MON	TUE	WED	THU	FRI	SAT	SUN		
File on the day your last names begins with:				Missed your filing day? File on Thursday, Friday, Saturday or Sunday.				
A - F	G - N	O - Z						

WE ARE YOUR DOL



UNEMPLOYMENT

File a claim online

- You may file your claim any day of the week (Monday-Sunday) from 7:30 AM to 7:30 PM (Eastern Time)
- https://labor.ny.gov/ui/how-to-file-claim.shtm?fbclid=IwAR1IUJ7prDAaxygDfsW_ECEvsnZYHVuvGlcWlfPmHqQU4qm8G18i8HQWRIA

File a claim by phone

- 1.888.209.8124
- Filing hours:
 - Monday through Friday, 8 am to 7:30 pm.
 - Saturday and Sunday, 7:30 am to 8:00 pm.

File by last name

- **Mon: A-F**
- **Tue: G-N**
- **Wed: O-Z**

Missed your filing day? File on Thursday, Friday, Saturday, or Sunday.

